

PHILO ARUSH

(2019-2020 Academic Year Programmes)

“Talent hits a target no one else can hit”. Everyone is unique. Each one has different talents and abilities. One does not have to follow the footsteps of others and most important, he should always remind himself, that he has responsibilities to develop the talent that he has been given. So this copy of ‘Philo Arush’ highlights the programmes which have been conducted in the year for the overall development of the students.

1. Commendation To The Rank Holders

The Management, Principal, Campus Director and the staff members honoured the students on 11th May 2019 for making our alma mater proud by securing 3rd, 4th and 8th ranks in Commerce stream. All the Distinction holders of II PUC were also congratulated by the Principal.



2. Orientation For II Year P.U. Students.



An Orientation program for the students of II P.U. 2019-20 was held on 11th May 2019. Presider of the function Rev. Fr. Antony Prakash Monteiro, Campus Director and Chairperson of PG studies stressed the responsibility of each student.

3. Orientation For I P.U. Students And Parents

An Orientation program for the student of I P.U. was organized on 20th May 2019. Rev.Fr. Vijay Lobo, Principal, S.P. P.U.C. had briefed the rules and regulations of the Institutions and motivated the students.



4. Motivational Talk By Student Council



A motivational talk was arranged by Students' Council on 15th June 2019. The resource person Dr. Preetham Philip Tauro said, "Self-Discipline and Self-Motivation is very important for the success of a child". He added that hard work is more important than IQ level to reach their desired destination.

5. Orientation Programme For Impeesa Rovers And Rangers Unit

Orientation Programme for Impeesa Rovers and Rangers Unit was conducted on 1/6/2019 at St Philomena P.U. College. Mr. Harshad Ismail, Rover Scout leader and Coordinator, stressed the importance of E-waste management and Swatch Bharath. 300 students participated in the programme.



6. CA Orientation Programme



Commerce Association organized CA orientation programme on 7/6/19. The Chief Guest Mr. N.S Gopala Krishna Bhat, CA, said that Education is not a mark building process but a character building process and good attitude leads everyone to the peak of success.

7. International Yoga Day

International Yoga Day was celebrated at the college campus on 21st June 2019. Dr. Chethana, Ayurvedic and Yoga consultant, City Hospital Puttur, presided as the Guest of honour and said "Pranayama is a practice of refining breathing ability and awareness of Prana flow." She added that Yoga improves concentration power. She requested all the students to practice Pranayama. More than 300 NCC, rovers and Ranger volunteers and Sports persons participated in the mass Yoga session.



8. Performing Arts Workshop.



Performing Arts organized an orientation programme to its members on 7th June 2019. At this juncture Vidushi Nayana V. Rai, Director of Vishwakalanikethana, Institution of Arts and Culture, Puttur said that Dance is one of the purest forms of expressions. Shridevi K, former student was felicitated on this occasion. She said “Time and tide waits for none.” Students should make use of the opportunities. Members of Performing Arts participated.

9. Company Secretary Course

Commerce Association organized an orientation programme on “Company Secretary” course on 11/6/2019. Yashaswini K Amin was the resource person. She explained about the various aspects relating to foundations, fundamental executive and professional courses. She assured the students that the Company Secretary course would transform the students into modern corporate professionals. All the commerce students were benefitted by this programme.



10. Hindi Diwas



‘Hindi Diwas’ was celebrated in our college on 13th September 2019. Mr. Prakash Bhat, Member Secretary, Puttur Town Official Language Implementation Committee and Technical Officer NRCC was the Chief Guest. He explained about the importance of the Hindi Language and the job opportunities available by opting Hindi as a language. Students who opted Hindi as their third language participated enthusiastically.

11. Philo Sinchana

‘Yaksha GaanaVaibhava’ was held on 16 September 2019 under the guidance of Performing Arts Association. Mr. Hariprasad, Department of Electronics Vivekananda Engineering College Puttur was the Chief Guest. He highlighted the beauty of Yakshagaana and urged the students to give importance and uphold the traditional dance form.



An excellent show of Yaksha Gaayana Vaibhava was exhibited by Mr. Sathyanarayana Adiga, Mr.Sathish Punichitaya Perla, Kumari Amrutha Adiga, Panaje, Anoop Swarga, Mr. Ganesh Bhat Nekkaremoole, Master Samrudh Punichitaya. About 500 students participated.

12. An Orientation Programme On Creative Writing.



Kannada Sangha organized an orientation programme on ‘Creative Writing’ on 5/07/2019. The Resource person, Mr. Durgaprasad Nayarkere, Chief of Suddi News website, Sullia said that a Journalist should be an eye and an ear of the society. He briefly explained the students about the various topics that can be used for creative writing and also encouraged

the students to search for truth. About 200 students participated in the programme.

13. A Talk On Cyber Crime

Computer Club of St Philomena P.U. College organized a talk on ‘Cyber Crime’ on 26/07/2019. The resource person, Mr. Nagaraj K. Asst. Professor of Computer Science and Engineering VCET, Puttur said that prevention is better than cure and added that, it is good to use smart phones but should not be addicted to it. He informed the students about various forms of Cyber Crime available and legal action to prevent the same.



14. Prathibha – 2019

‘Prathibha 2019’ a District level competitions for High school students was held on 2/8/2019. Dr. Shri Prakash B, Prakash Dental Clinic, Darbe an alumnus was the Chief Guest. He advised students to develop Discipline, Planning and Commitment which would help them to build their personality. He motivated the students to participate in all the activities and shape their future. About 600 students from 34 High Schools of the district participated in **Prathibha**.



15. Orientation Programme For The Parents



An Orientation Programme for parents was organized on 07/07/2019 Mr.Narayan Bhat, Ramakunja, Educational Motivator, writer and orator advised the parents to encourage their children. He also explained how to take care of their children in this competitive world and make them a responsible citizen. He motivated parents to teach their children the quality of self-discipline. Parents of all the students of our college were the beneficiaries.

16. Konkani Accreditation Diwas



Konkani Accreditation Diwas was celebrated at our college on 20/8/2019. The Resource person, Dr. Dimple Fernandes, HOD of Hindi, St Philomena College, Puttur, said that the youngsters should preserve the rich tradition of Konkani Language. Dr. Antony Prakash Monteiro, Campus Director and Chairperson of P.G studies motivated the youngsters to speak, read and write Konkani language. All the Konkani speaking students participated in the programme.



17. Career Guidance Programme

Career Guidance cell of our college organized Career Guidance Programme on 3/9/2019. The Resource person Mrs. Kushalatha, Councilor, Nitte University, Mangalore, encouraged the students to pursue a course and explained about various courses which would provide good job opportunities. 300 students were the beneficiaries of the programme.



18. A Technology Assisted Learning Programme (TALP)



St Philomena P.U. College in collaboration with Department of P.U Education Board organized a Technology Assisted Learning Programme on 3/9/2019. Mr. Vasudeva Kamath K., DDPUE Mangalore, D.K. in his presidential remarks said that computer plays a dominant role in educational field. Therefore teachers should take the benefit of TALP and become a unique teacher in their respective subject. The teaching faculty of Physics, Chemistry, Mathematics and Biology of different Government P.U. College of the District were the beneficiaries.

19. A Seminar On ‘Aquatic World’.

Science forum of our college organized a seminar on the topic “Aquatic World” on 27/8/2019. The Resource person, Mr. Manjulesh Pai, Assistant Professor, Department of Aquaculture College of Fisheries, Mangalore educated students about the scarcity of water and also informed the students about various aquatic species. He also highlighted the need to preserve water.



20. Teachers' Day.



Teachers' Day was celebrated on 5/9/2019 by the members of Students' Council in tribute to Dr. Sarvapalli Radhakrishnan. The Chief Guest, Mr. Shashi Kumar Rai, Balyottu, PTA President said that the teachers play a dominant role in every students' life. After parents, it is the teachers who occupy a prominent position and help the students to reach their destiny. All the lecturers of our college participated in the programme.

21. District Level Swim - Meet

District level swimming competition for P.U. students was organized by our college with, the co-ordination of P.U. Education Board, Mangalore on 12/9/2019. Mr. Everest Rodrigues, P.D of Govt. First Grade College Uppinangady was the Chief Guest. He said that Swimming is the best exercise which can give a healthy body to everyone. Good number of students participated in the competition.



22. Women's Cell Programme



Women's wing organized a program 'Who am I?' on 12th June 2019. Sr. Lilly Pushpa, Member of Shanti Sandesha, Mangalore was the resource person. She said that Dream or Desire can become a goal only when it follows Direction, Dedication, Determination, Discipline and Deadline. All the female students of our college participated in the programme.

23. Trekking To Posadi Gumpe.

Sanskrit Sangha organized trekking to Posadi Gumpe on 5th October 2019. All the Sanskrit students participated to reduce the mental stress from the hectic world. They also visited Handloom factory at Perla and observed the functions of various machineries.



24. Interview Of Dr. Pallu Sadashiva Bhat



Students of Sanskrit Sangha and three Lecturers of our Institution conducted an interview with a retired teacher Dr. Pallu Sadashiva Bhat, a writer of “Granthas” in 9 different languages like Kannada, Tulu, Sanskrit, Hindi, English, Malayalam, Karada, Tamil and Telugu.

25. Philo Flair

‘Philo Flair’ – Inter Class cultural competition was organized by the Fine Arts Association. It was inaugurated by Mr. Shri Ram S, Theater Artist, Kannada film Industry. He said, “Life is not a mere certificate from Education. We have to fight with hardships to have a successful life.” 17 teams participated in the competition.



26. Eco Club Programme.

Eco club organized a session about nature and snakes. Mr. Xavier Kiran Pinto was the resource person. He described about nature and the different kinds of poisonous and non poisonous snakes. All the science stream students were the beneficiaries.



27. Lecture On Importance of Voting.



Electoral Literacy club and Humanities Association jointly organized a guest lecture on 'The Importance of Voting in Democracy' on 24-10-2019. The Chief Guest Mr. Ismail P, Lecturer in Political Science, Government P.U. College, Keyyur explained about the process of election. Students of Arts stream were the beneficiaries.

28. Swatchatha Hi Seva

Humanity Association organized an awareness Programme on 'Swachatha Hi - Seva'. Mr. Ganapathi S, Retired H.O.D, of Economics, St Philomena College, Puttur was the resource person.

He enlightened students that they are the cream of the society and have to play major role in Swatch Bharath Abhiyan and as an ambassador of cleanliness they should adopt public places and say good bye to plastic. 200 students were the beneficiaries of the programme.



29. 'SOCuTe'



Department of Chemistry organized a programme on 'SOCuTe, Chemistry: Our life, Our Future', on 7/11/2019 on the occasion of 150th year of Periodic Table of Elements. The Chief Guest and Inaugurator, Dr. P. S. Krishna Kumar, HOD of Chemistry, St Philomena College, Puttur, said that the Periodic table is a Google Map for Chemistry. Without Science we will not have an advanced technology. Various competitions were conducted for the students of different P.U. Colleges of the District.

30. 'Glory Of November'

Kannada Sangha organized a programme on 'The Glory of November- 2019' on 8/11/2019. The Chief Guest, Mr. Gopala Krishna, Principal, Seetharaghava P.U. College, Pernaje said that Kannada language is one of the most popular languages of the world. It has been a living language since ancient times. Glory of this language dates back to centuries. About 500 students participated in the programme.



31. Motivational Speech On Sports.



Department of Sports and Games organized a motivational talk on 12/11/2019. The Chief Guest Dr. Deepak Rai, Urologist, City Hospital, Puttur, said that one should take sports as the means of profession which gives everyone good health. All the students participated in the programme.

32. Chemistry In Our Everyday Life.

Department of Chemistry organized a seminar on “Chemistry in Our Everyday Life” on 9/11/2019.

The Chief Guest, Prof. Ronald Mascarenhas, Rtd.H.O.D, of Chemistry, St Agnes College, Mangalore said that Chemistry plays a dominant role in everyday life. We find Chemistry in our daily life, in the food we eat, the air we breathe our emotions and literally every object we can see and touch. All the science stream students were present during the occasion. Chem Magic was performed during the occasion.



33. Importance Of Sports.



Department of Sports and Games co-ordinated a seminar on ‘Importance of sports’ on 6/7/2019. The Chief Guest Mr. Navaneethraj B.K., Vice President, Amateur Kabbadi Association, Puttur and Alumnus said that sport is a vigorous physical activity which involves physical exertion and skill. All the students participated in the session.

34. Retreat

Divya Chethana Association arranged Retreat for all Catholic Students of our College on 5/8/2019. The retreat was preached by Rev. Fr. Shaun Rodrigues. .



35. Artificial Intelligence, Robotics And Machine Learning.



Carrier Guidance Cell organized a speech on “Artificial Intelligence and Machine Learning”. Ms. Shivani Rai from Vellore, Mr. Jithin Sunny and Mr. Shreyas J.D. Fernades from Manipal Institution of Technology were the Resource Persons. They briefed the uses and advantages of ‘Artificial Intelligence’. They also described about career opportunities for those who are willing to join Engineering. All the Computer Science students were benefitted by this.

36. Talk By Interact Club

Interact Club organized a talk on ‘Importance of Social Service’. The resource person Mr. Dharnappa Gowda, Lecturer in English, Govt. Junior College, Puttur said that students are the hopes and aspirations of our nation. They are the part and parcel of the society. He also said that if students are enlightened, the society will be benefitted by their light of knowledge. About 200 students participated in the programme.



37. Foundation For Exam



Department of English arranged a workshop on ‘Foundation for Exam’ on 21/11/2019. Mr. Abdul Samad, Lecturer in English Govt, P.U College Gandhinagar, Sullia was the resource person. This session focused on forthcoming examination. Mr.Samad encouraged the students to be courageous and knowledgeable. He also advised the students to be self confident and diligent one. 100 students were beneficiaries of the programme.

38. Trekking.

‘Impeesa’ Rovers and Rangers Unit organized a trek to Tadiyandamol, Coorg, and the Second highest peak of Karnataka on 30/11/2019. 50 cadets participated and enjoyed the panoramic view. Cadets got a thrilling ride down the mountain where they ran down through the rocks and glided through the sludge.



39. Shramadhana



Impeesa Rovers and Rangers Unit and NCC unit organized a Shramadhana campaign of cleaning our campus surroundings on 16/11/2019. The main purpose of this programme is to create awareness among students regarding cleanliness and its benefits. 200 students and members of the staff participated in this campaign.



40. Effective Learning for Slow Learners

English Department organized a special programme for slow learners on 10/6/2019. Mr. Abdul Samad , Lecturer in English, Gandhinagar, Sullia was the resource person. This session helped the slow learners to take a step ahead towards learning. 85 students participated.



These constant knowledge enriching programmes clearly indicate that together we can do so much. It serves the need of students. It gives students an opportunity to develop particular skills and exhibit their no- academic abilities. It also helps overall development, co-ordination, adjustment, fluency in speech, extempore, expressions etc among students.

